

# BADAGUISH CENTRE

## INFORMATION SHEET ACTIVITY HOLIDAYS/SHORT BREAKS

<p><b>DATES AVAILABLE</b></p> <p><b>Apr-Oct:</b> courses run Monday to Friday with some 2-week places available.</p> <p><b>Nov-Mar:</b> courses run Friday to Monday or Tuesday</p>	<p><b>HOLIDAY FEES (PAY IN ADVANCE)</b></p> <p><b>From 1 April 2010:</b></p> <p><b>5 Days: £915 if paid 28 days prior to visit £1,115 if <u>not</u> paid 28 days prior to visit</b></p> <p><b>Please note:</b> fees are <b>non-refundable</b> in the event of a cancellation less than 3 weeks prior to the visit. 50% can be refunded on production of a doctor's certificate or in similar circumstances.</p> <p>Cost includes full board, choice of activities and 24 hr care. Guests' fees may be eligible for full payment under Respite Care Allowance. Please contact your Social Worker or Care Manager.</p>			
<p><b>TRANSPORT/TRAVEL DIRECTIONS</b></p> <p>Badaguish is situated approx. 5 miles from Aviemore. Follow the road signs for Cairngorm and Loch Morlich. Badaguish is signposted on the left before Loch Morlich. Carry <u>straight on</u> up the forest road for 1.5 miles.</p> <p>Transport to/from Aviemore rail/bus station is available by arrangement.</p>	<p><b>BOOKING CONDITIONS</b></p> <p>Places will be confirmed on receipt of a <b><u>completed application form, together with full payment</u></b> of the fee <b><u>or with payment authorisation</u></b> from the Social Work Department.</p>			
<p style="text-align: center;"><b>ARRIVAL/DEPARTURE TIMES</b></p> <p>Please note that the following times are <b><u>strictly adhered</u></b> to. Staffing requirements do not permit any alteration.</p> <p style="text-align: center;"><b>ARRIVE:</b> Between 1-2pm (<u>after</u> your lunch) <b>DEPART:</b> Between 1-2pm (after lunch here, which is provided)</p>				
<p><b>SUGGESTED CLOTHES (ETC):</b></p> <p><b>We make every effort to ensure that people's clothes are not mixed up. Please label <u>all</u> clothes and belongings.</b></p> <table border="0" style="width: 100%;"> <tr> <td style="vertical-align: top; width: 33%;"> <p><b>Complete sets of:</b> T Shirts Shorts Joggers or jeans Sweatshirt / fleece Socks Underclothing</p> <p><b>In addition:</b> Thick socks – 2 pairs Swimming costume Pyjamas Handkerchiefs/tissues Hat and gloves</p> </td> <td style="vertical-align: top; width: 33%;"> <p><b>Rainwear:</b> *Waterproof jacket with hood</p> <p><b>Footwear:</b> *Comfortable (not new!) strong walking shoes or lightweight boots Trainers Wellington Boots</p> <p><b>Rucksack:</b> *Small backpack or similar</p> <p><b>*Can be provided by centre</b></p> </td> <td style="vertical-align: top; width: 33%;"> <p><b>Toilet Bag:</b> Soap / Shower Gel Toothbrush and toothpaste Comb and/or hairbrush Shampoo</p> <p><b>Insect repellent and sun cream are a must!</b></p> <p><b>Bin Liners:</b> To keep clean and dirty things separate</p> <p><b>Pocket Money:</b> Approx £5-£10 for under 14s £15 for aged 15 and over</p> </td> </tr> </table>		<p><b>Complete sets of:</b> T Shirts Shorts Joggers or jeans Sweatshirt / fleece Socks Underclothing</p> <p><b>In addition:</b> Thick socks – 2 pairs Swimming costume Pyjamas Handkerchiefs/tissues Hat and gloves</p>	<p><b>Rainwear:</b> *Waterproof jacket with hood</p> <p><b>Footwear:</b> *Comfortable (not new!) strong walking shoes or lightweight boots Trainers Wellington Boots</p> <p><b>Rucksack:</b> *Small backpack or similar</p> <p><b>*Can be provided by centre</b></p>	<p><b>Toilet Bag:</b> Soap / Shower Gel Toothbrush and toothpaste Comb and/or hairbrush Shampoo</p> <p><b>Insect repellent and sun cream are a must!</b></p> <p><b>Bin Liners:</b> To keep clean and dirty things separate</p> <p><b>Pocket Money:</b> Approx £5-£10 for under 14s £15 for aged 15 and over</p>
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## **BADAGUISH PHILOSOPHY OF CARE**

Our aim is to offer people with special needs a holiday experience that is stimulating, interesting and fun. We encourage participation in as wide a choice of outdoor activities as possible. The emphasis is on people's positive abilities and every effort is made to ensure that widest possible choice is available regardless of disability.

We hope to offer activities in a way that will provide potential for personal development on many different levels. Activities are provided in as integrated a setting as possible. Badaguish Centre caters for the general public and many other organised youth groups. Our programme of activities and visits makes maximum use of the surrounding community facilities. We aim to promote an active, healthy and sociable lifestyle developing recreational skills which will be useful on returning home.

The holidays are for small groups and take place under the personal supervision of the Care Manager: Silvie MacKenzie. Accommodation is in twin rooms with the possibility of a single room. The care team is made up of male and female staff members and both will provide care unless a preference is stated. Staff training focuses on the skills to create an intimate and supportive environment. It emphasises the importance of both staff and service users sharing all aspects of daily living together. Full individuality is recognised and each individual is encouraged to participate in the choice of programme and activities.

Smoking is allowed outside the building only.

We welcome pre-visits from clients, parents, carers and social work staff. Care commission reports are available on their website at [www.carecommission.com](http://www.carecommission.com)  
Telephone Number 01463 227630

In recognition of the inherent risk of many outdoor activities all activities are carried out strictly within the terms of reference set out in the Badaguish Care and Safety Policy and where appropriate, within the recommendations of the relevant National Governing Bodies. The guidelines are reviewed at 6 monthly staff refresher training meetings and updated as required at weekly staff meetings. Badaguish is licensed by the Activity Licensing Authority. Activity training, assessment and accreditation are carried out in accordance with these requirements.

## **COMPLAINTS PROCEDURE**

In the event of dissatisfaction with any aspect of our service, comments, queries or complaints should in the first instance be addressed to:- Mrs Silvie MacKenzie, Badaguish Care Manager

She will do her best to resolve the problem within 7 days.

If this has not been possible please address your complaint in writing to the Centre Manager at Badaguish Centre. You should have a written response within 28 days.

All service users, parents and carers have the right to complain to their own social work department and to the Care Commission, Pavilion 5, First Floor, Castle House, Fairways Business Park, INVERNESS, IV2 6AA  
Telephone Number 01463 227630

## **Contact Details:**

**Badaguish Centre**  
**Aviemore**  
**Inverness-shire**  
**PH22 1QU**

**Tel:** 01479 861285 (main Office Mon-Fri 9am-5pm)  
01479 861398 (Care Team direct line)  
**Fax:** 01479 861258  
**E-mail:** [silvie.m@badaguish.org](mailto:silvie.m@badaguish.org)  
**Website:** [www.badaguish.org](http://www.badaguish.org)

**(THIS INFORMATION SHEET TO BE RETAINED BY PARENTS/CARERS)**